

# INFLAMAX<sup>®</sup>

Freedom to move



## ○ Inflammax<sup>®</sup> Spray

### DID YOU KNOW?

- In Australia about 4 million Australians are estimated to have back problems, with pain being a common presentation.<sup>1</sup>
- There are many causes of joint pain that affect joints, bones, cartilage, and ligament tissue.<sup>2</sup>
- The most common causes of muscle pain are tension, stress, overuse, and minor injuries.<sup>3</sup>
- Acute Pain usually has a sudden onset and a conceivable end, often associated with trauma or acute disease. Acute pain may lead to chronic pain, so it is important to manage as quickly as possible.<sup>4</sup>
- **Inflammax<sup>®</sup> products are only available in Pharmacy.**

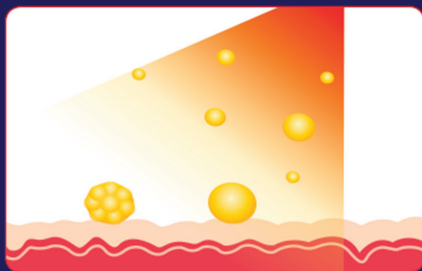
### FEATURES

Inflammax<sup>®</sup> Spray contains the active ingredient diclofenac, 4% w/w.

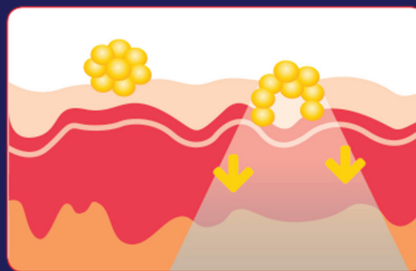
Diclofenac is a non-steroidal anti-inflammatory drug (NSAID).

Convenient size (30mL), easy to use pump spray, delivering 130 sprays per bottle.

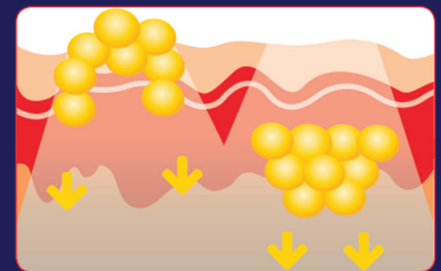
Inflammax<sup>®</sup> Spray is a topical anti-inflammatory liquid product that turns gel-like when sprayed onto the skin. Inflammax<sup>®</sup> Spray contains lecithin, a penetration enhancer that interacts with the lipids of the skin by breaking fat cells and taking the active ingredient into the affected area.



The gel is absorbed by the skin



Lecithin (penetration enhancer) takes the active ingredient into the skin



Diclofenac targets and reduces the inflammation at the site of the pain

Pleasant peppermint scent.

### BENEFITS

Provides temporary pain relief for short-term (up to 2 weeks) local symptomatic treatment of the following acute soft tissue injuries and localised soft tissue rheumatism:

○ sport injuries

○ sprains and strains

○ tendinitis and bursitis

# INFLAMAX<sup>®</sup>

## Freedom to move



Ideal to be in sports bags, handbags and to carry on-the-go.

Contains more than 3 times the active ingredient diclofenac, than Voltaren Emugel 100gm per dose.

Inflamax<sup>®</sup> Spray is easy to apply to those hard-to-reach areas like the lower back.

Non greasy and dries quickly.

### INGREDIENTS

Diclofenac sodium 4% w/w equivalent to diclofenac sodium 40mg/g

### DIRECTIONS FOR USE

Adults and children 15 years+ suffering from acute musculoskeletal pain and/or inflammation.

Apply 4-5 sprays to the affected area three times a day. The number of sprays depends on the size of the painful area. Each spray delivers 8mg of active ingredient. Do not use more than 15 sprays per day. Maximum treatment period: 14 days except on medical advice.

5 sprays 3 x a day delivers a daily dose of 120mg of diclofenac sodium.

### PRECAUTIONS/WARNINGS

Do not use on children under 15 years of age. Do not use if you are allergic to diclofenac, aspirin or anti-inflammatory medicines. Do not use during the last 3 months of pregnancy.

Do not use on the breast area of nursing mothers. Do not use with other medicines containing diclofenac, or other anti-inflammatory medicines, or other medicines you are taking unless advised by your doctor. Do not use in the first 6 months of pregnancy unless advised by your doctor. Do not use if you have asthma unless advised by your doctor. If you get an allergic reaction stop using and see your doctor intermediately. For external use only. Avoid contact with eyes.

This medicine is not suitable for treating bruises. Prolonged or excessive use could be harmful.

For more information, please visit: [inflamax.com.au](http://inflamax.com.au)

**References:** <sup>1</sup> Ammon HPT. Boswellic Acids and their role in chronic inflammatory diseases. In: Gupta S, Prasad S, Aggarwal B. (eds) Anti-inflammatory Nutraceuticals and Chronic Diseases. Advances in Experimental Medicine and Biology. Springer. 2016; p 291-328. <sup>2</sup> [www.mayoclinic.org/symptoms/joint-pain/basics/causes](http://www.mayoclinic.org/symptoms/joint-pain/basics/causes) (accessed 19/04/2022). <sup>3</sup> [www.mayoclinic.org/symptoms/muscle-pain/basics/causes](http://www.mayoclinic.org/symptoms/muscle-pain/basics/causes) (accessed 19/04/2022). <sup>4</sup> [www.iasp-pain.org](http://www.iasp-pain.org) (accessed 19/04/2022). <sup>5</sup> Predel HG et al. A randomized, double-blind, placebo-controlled multicentre study to evaluate the efficacy and safety of diclofenac 4% spray gel in the treatment of acute uncomplicated ankle sprain. Journal of International Medical Research 41(4) 1187–1202, 2013. This study was funded by MIKA Pharma GmbH.

Always read the label and follow the directions for use.  
Arrotex Pharmaceuticals, Cremorne VIC 3121 ABN 30 605 552 234.